

Just a few updates for the next coming weeks.

Resuscitation Championships for Juniors and Seniors

Champs will be held on the Tuesday 12th April & Thursday 14th April from 6-8pm.

All members welcome to come along and have a go being Club Resus Champion.

Vee Molloy & Darren Wellington will be judging the competition.

Presentation Night Jnr & Senior / Disco Night

It's on again our annual presentation and get down and boogie night.

When : 30th April at 6pm

Where: Club Rooms

\$5.00 Entry food will be provided drinks at bar prices

Look forward to seeing everyone there!

Personal Training Sessions

Training sessions will continue into the colder months.

Saturdays at 11am and Wednesdays at 6.20pm

Remember to bring a wetsuit!!!

Winter Swimming Program 2011

We are now taking names for the winter program due to high numbers with the nippers the program will have to be capped so first in best dressed.

The program will be a 10 week program starting on the 23rd July at Toby Haenan Pool Chelsea Heights.

We are still looking for helpers to run the program so if you don't mind getting wet please let us know if you want to be involved.

Please email Cate Winnell at catherinehook@optusnet.com.au for anyone that wants to help out or enrol for the program.

Congratulations for all that have competed over the last 3 weeks in Teams challenge, Club Champs and the Kingston Beaches Carnival. Everyone should be very proud on the good effort that has been shown at all these events. We are aiming that the Kingston Beaches Carnival will be a annual event but next year we will hold it a

little early in the year. A big thank you to all that helped out with the set up, catering for the day, water safety, making the day run smoothly, and the pack up.

Apart from the weather Chelsea again shone and I hope a great day was had by all.

Reminder that Chocolate money is due for anyone that took a box of Chocolates can you please return the money as soon as possible club will be open both Saturday and Sunday for patrol 12-5 pm until the end of April please see Cate Winnell.

Cate Winnell
President

Chelsea Longbeach Surf Life Saving Club